

## Possible week Schedule for residential groups

Any activity will be confirmed each day following a Staff Briefing where a number of factors will be considered – the visiting group leader is invited to these briefings. These factors include but are not limited to:

- Weather forecast
- Recent weather
- Rainfall
- Free air freezing level
- wind
- Tides
- Swell
- Group physical ability
- Group emotional ability
- Group resilience
- Medical conditions / students at risk
- Fatigue of group
- Staffing ability, competency and availability

Participants will be informed of activities, environmental factors, hazards and the nature of activities disclosed at the start of each day. The information of the day's activities can be relayed to parents as required by the visiting Group leader.

The attached Schedule is indicative only and may be adjusted daily to include alternative activities. However, it forms the basis of a typical week. For other possible activities please see our Activity section on our website.

TSB TOPEC Possible Weekly Schedule – Residential groups

Possible week		Morning				Afternoon	
						Options	
Monday Staff meeting	Set up prep,	Medicals risk disclosure Arrival talk Briefing Cabin allocation Orientation	Mud run- whole group		Semi accompanied	High ropes course	Adventure based learning –team building
Tuesday		Options				Options	
Staff meeting	River Safety Survival swim Throw bagging	Rogaine	Surfing – east end beach		Rogaine	Semi accompanied	High ropes course
Wednesday		Options				Options	
Staff meeting		River / raft trip	tramp		Rogaine	Semi accompanied	High ropes course
Thursday		Options				Overnight Trip	
Staff meeting Group Clean up	Camp prep	Bridge swing	rogaine		Camp	Huts	TOPEC
Friday	Return to TOPEC	Pack up	Student debrief			Staff debrief	Leave

NB\*

No river activity can be undertaken without the group first completing a river safety programme including that craft. Students that do not participate cannot go on the river. Those deemed to be at risk must be managed appropriately – in raft with guide, or no go.